

# Girl's Weight-for-Age Chart

**Write on the chart**

- Any illness e.g. diarrhoea, ARI, etc.
- Admission to hospital,
- Solids introduced,
- Breastfeeding stopped,
- Birth of next child, etc.

like this:

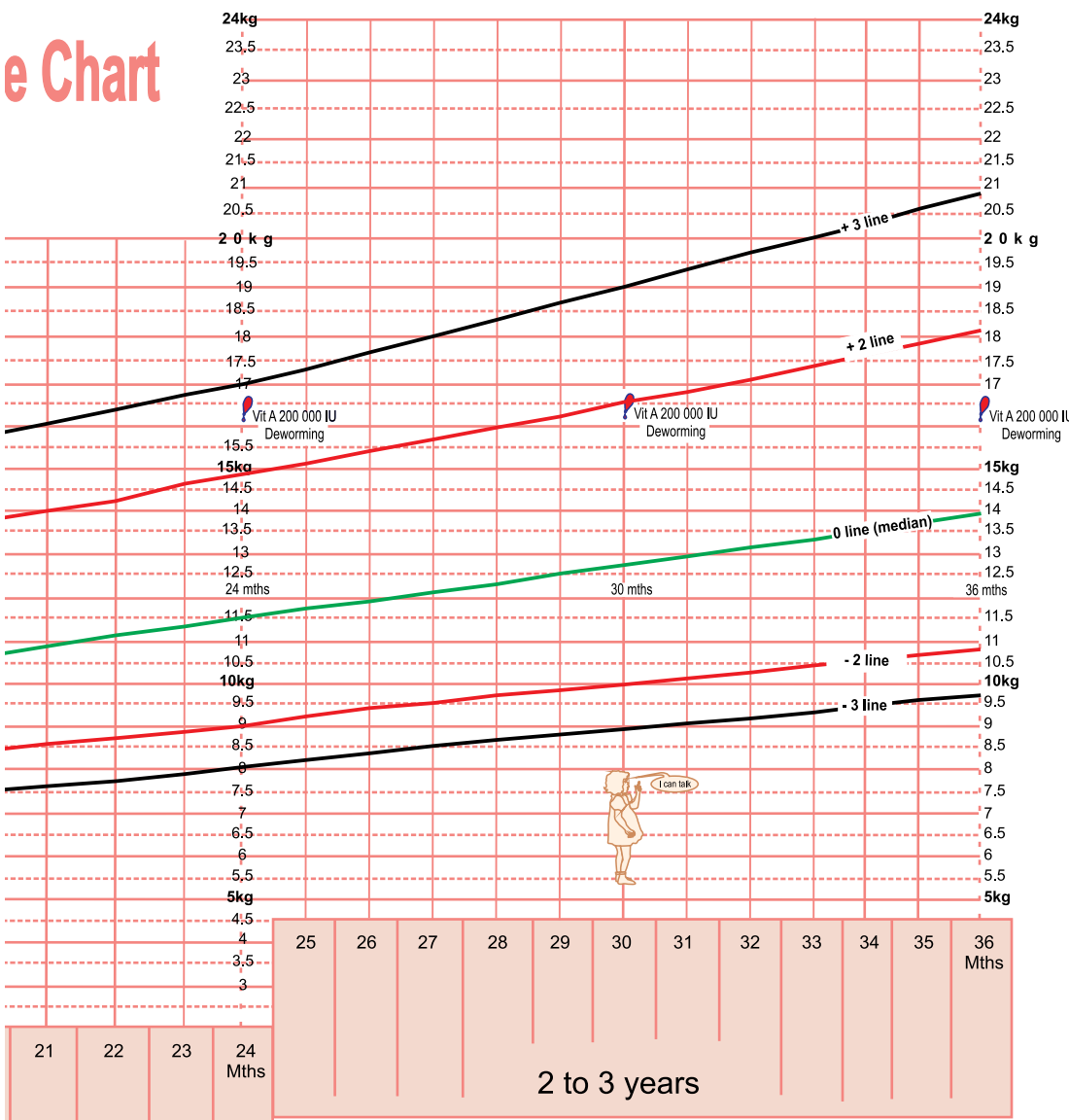
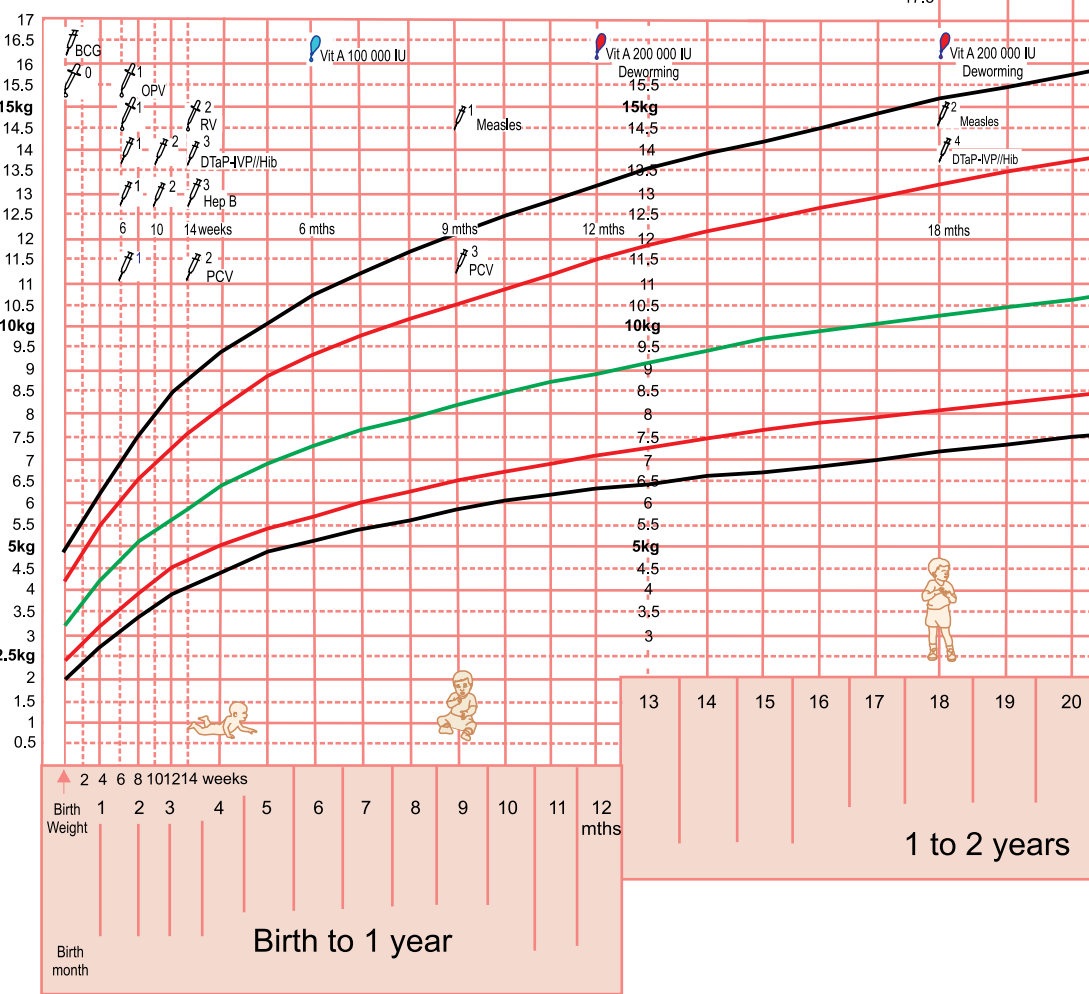
**Watch the direction of the curve showing the child's growth:**

**GOOD**  
Means the child is growing well.

**DANGER SIGN**  
Not gaining weight.  
Find out why.

**VERY DANGEROUS**  
Child may be ill,  
needs extra care.

Refer child to hospital



**Interpretation of lines:**

This Weight-for-Age Chart shows body-weight relative to age in comparison to the Median (0-line).

A girl whose weight-for-age is below the -2 line, is underweight. A girl whose weight-for-age is below the -3 line, is severely underweight. Clinical signs of Marasmus or Kwashiorkor may be observed.

If her line crosses a z-score line and the shift is away from the median, this may indicate a problem or risk of a problem.

If her line stays close to the median, occasionally crossing above or below it, this is fine.

