

Girl's Weight-for-Age Chart

Write on the chart

- Any illness e.g. diarrhoea, ARI, etc.
- Admission to hospital,
- Solids introduced,
- Breastfeeding stopped,
- Birth of next child, etc.

like this:

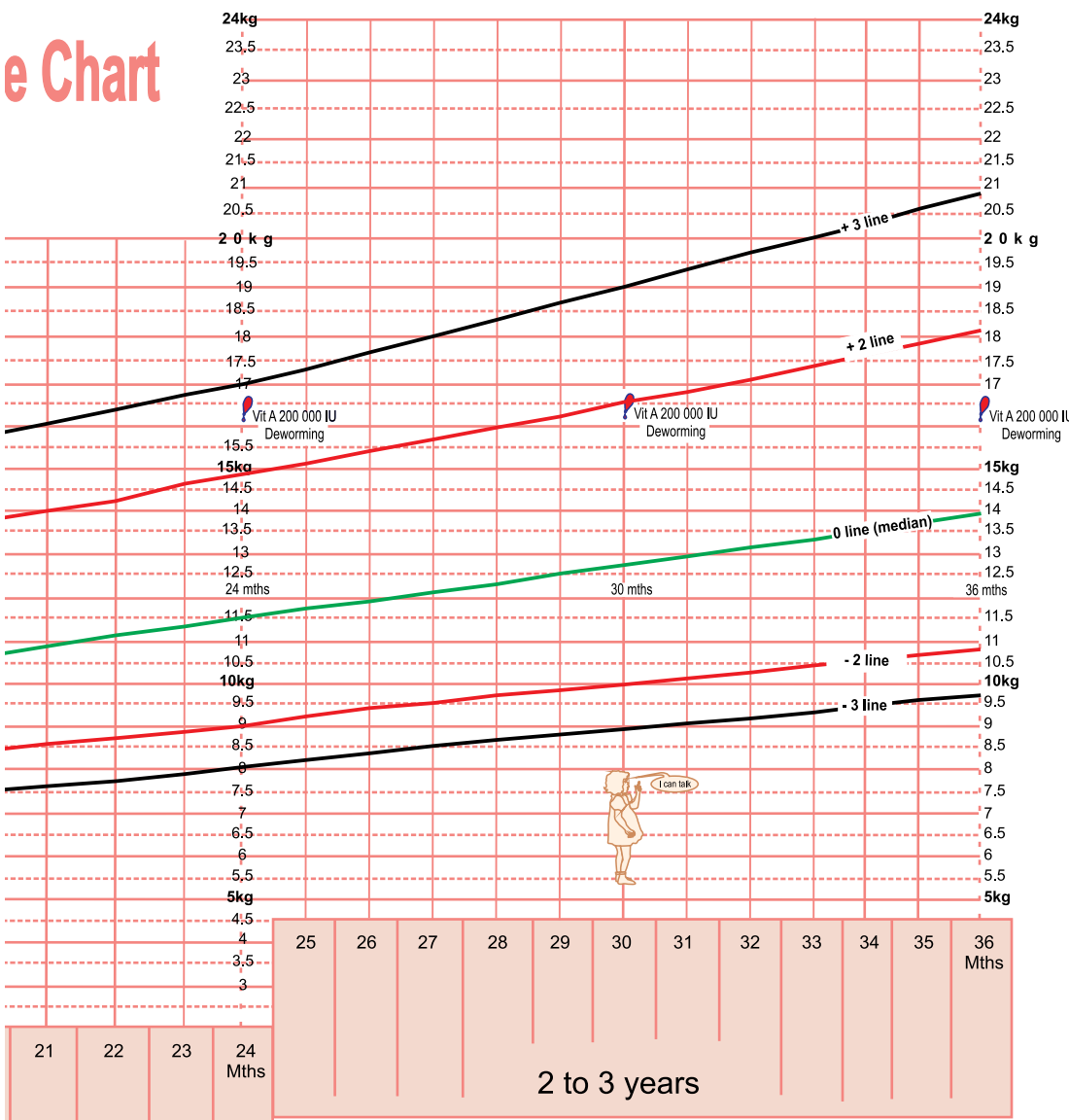
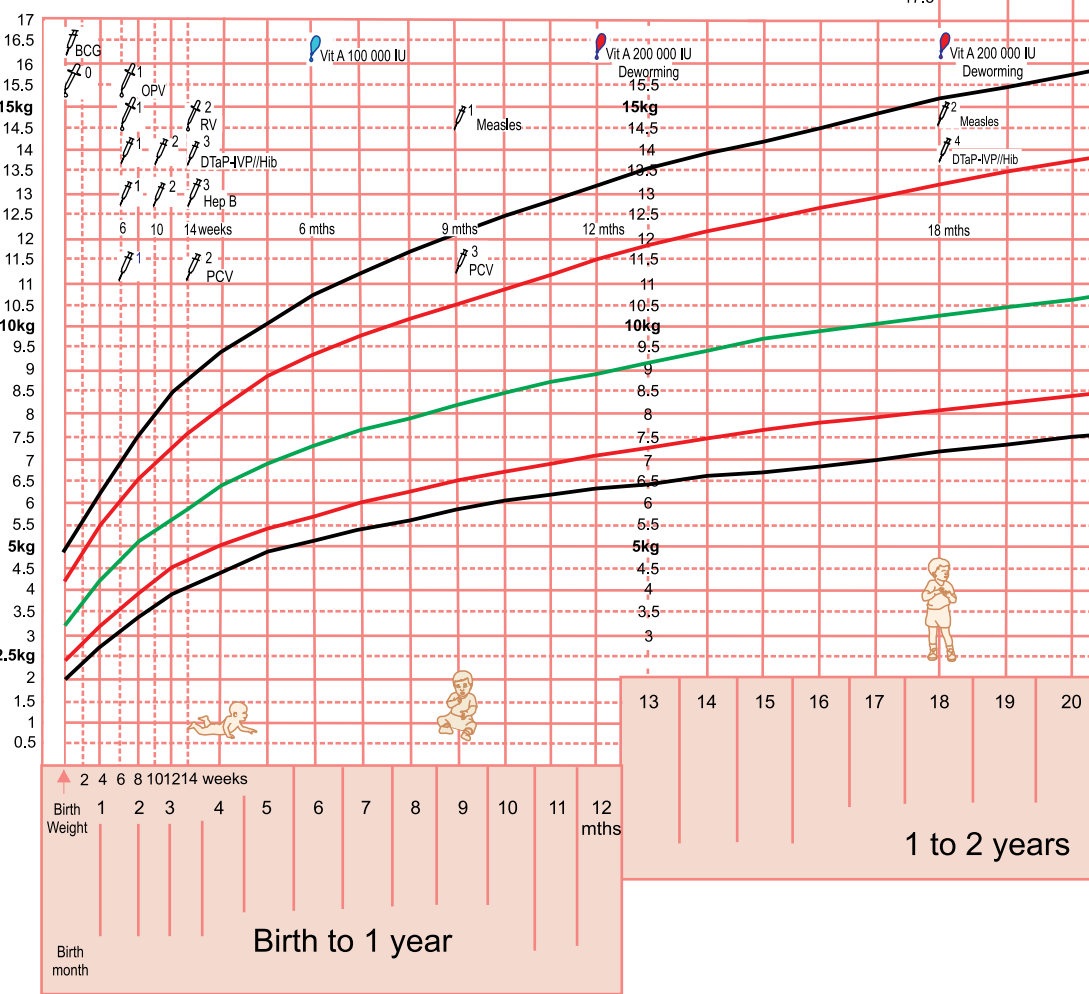
Watch the direction of the curve showing the child's growth:

GOOD
Means the child is growing well.

DANGER SIGN
Not gaining weight. Find out why.

VERY DANGEROUS
Child may be ill, needs extra care.

Refer child to hospital



Interpretation of lines:

This Weight-for-Age Chart shows body-weight relative to age in comparison to the Median (0-line).

A girl whose weight-for-age is below the -2 line, is underweight. A girl whose weight-for-age is below the -3 line, is severely underweight. Clinical signs of Marasmus or Kwashiorkor may be observed.

If her line crosses a z-score line and the shift is away from the median, this may indicate a problem or risk of a problem.

If her line stays close to the median, occasionally crossing above or below it, this is fine.

